

Oakland Unified School District
High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 5 Thai Chili Chicken with Rice Ravioli w Roll (V) Pepperoni Pizza (P) Spicy Chicken Sandwich Stir Fry Vegetables Mini Baby Carrots Salad Bar Plum Raisins 1% Milk Non-Fat Milk Soy Butter n Jelly Sandwich (V)	Sep - 6 Chicken Burrito (FP) Chicken Salad w Croutons Grass Fed Beef Hot Dog Sriracha Beans Mini Baby Carrots Salad Bar Shape-Up Raisins 1% Milk Non-Fat Milk Soy Butter n Jelly Sandwich (V)	Sep - 7 Kung Pao Chicken w/ Rice (FP) Buffalo Chicken Salad Grilled Cheese (V,FP) Broccoli Slaw Mini Baby Carrots Salad Bar White Peach Raisins 1% Milk Non-Fat Milk	Sep - 8 Spaghetti w Meat Sauce Chicken Salad w Croutons Cheese Pizza (V) Chicken Cheese Steak Spinach Salad Mini Baby Carrots Salad Bar Nectarine Raisins 1% Milk Non-Fat Milk
Sep - 11 Turkey Nachos (FP) Buffalo Chicken Salad Combo Pizza (P) Deli Sandwich Romaine Salad Mini Baby Carrots Salad Bar Peach Raisins 1% Milk Chocolate Milk Soy Butter n Jelly Sandwich (V)	Sep - 12 Fish Sticks w Roll Chicken Salad w Croutons Pepperoni Pizza (P) Spicy Chicken Tender w/ Roll Corn Mini Baby Carrots Salad Bar Plum Raisins 1% Milk Non-Fat Milk Soy Butter n Jelly Sandwich (V)	Sep - 13 Chicken Fajita w Rice Buffalo Chicken Salad All Beef Cheeseburger Pinto Beans Mini Baby Carrots Salad Bar Shape-Up Raisins 1% Milk Non-Fat Milk Soy Butter n Jelly Sandwich (V)	Sep - 14 Honey Sriracha Drumstick w Rice Chicken Salad w Croutons BRC Burrito Asian Coleslaw Mini Baby Carrots Salad Bar White Peach Raisins 1% Milk Non-Fat Milk	Sep - 15 Orange Chicken Buffalo Chicken Salad Cheese Pizza (V) Grilled Turkey Ham & Cheese Sandwich Stir Fry Vegetables Mini Baby Carrots Salad Bar Nectarine Raisins 1% Milk Non-Fat Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Page 2

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Sep - 18 Egg Roll w/ Fried Rice Buffalo Chicken Salad Combo Pizza (P) Berry Parfait Edamame Beans Mini Baby Carrots Salad Bar Peach Raisins 1% Milk Chocolate Milk	Sep - 19 Chicken and Waffles Ravioli w Roll (V) Pepperoni Pizza (P) Spicy Chicken Sandwich Spinach Salad Mini Baby Carrots Salad Bar Plum Raisins 1% Milk Non-Fat Milk Soy Butter n Jelly Sandwich (V)	Sep - 20 Pepper Jack Enchiladas Chicken Salad w Croutons Grass Fed Beef Hot Dog Cilantro Lime Slaw Mini Baby Carrots Salad Bar Shape-Up Raisins 1% Milk Non-Fat Milk	Sep - 21 Beef Tacos Buffalo Chicken Salad Grilled Cheese (V,FP) Fiesta Corn Salad Mini Baby Carrots Salad Bar White Peach Raisins 1% Milk Non-Fat Milk	Sep - 22 Chicken Parmesan w Past Chicken Salad w Croutons Cheese Pizza (V) Chicken Cheese Steak Steamed CA Blend Mini Baby Carrots Salad Bar Nectarine Raisins 1% Milk Non-Fat Milk
Sep - 25 Mac & Cheese (V) Buffalo Chicken Salad Combo Pizza (P) Deli Sandwich Green Beans Mini Baby Carrots Salad Bar Peach Raisins 1% Milk Chocolate Milk	Sep - 26 Chicken Tikka Marsala Chicken Salad w Croutons Pepperoni Pizza (P) Spicy Chicken Tender w/ Roll Peas and Carrots Mini Baby Carrots Salad Bar Plum Raisins 1% Milk Non-Fat Milk Soy Butter n Jelly Sandwich (V)	Sep - 27 Turkey Nachos (FP) Buffalo Chicken Salad All Beef Cheeseburger Sriracha Beans Mini Baby Carrots Salad Bar Shape-Up Raisins 1% Milk Non-Fat Milk Soy Butter n Jelly Sandwich (V)	Sep - 28 Fish Tostada with Rice + Beans Chicken Salad w Croutons BRC Burrito Broccoli Slaw Mini Baby Carrots Salad Bar White Peach Raisins 1% Milk Non-Fat Milk	Sep - 29 Managers Choice Buffalo Chicken Salad Cheese Pizza (V) Grilled Turkey Ham & Cheese Sandwich Deli Roasted Potatoes Mini Baby Carrots Salad Bar Nectarine Raisins 1% Milk Non-Fat Milk

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